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Editorial's:**Ayurveda & COVID-19**

It is difficult time to all people because of worldwide COVID-19 epidemic. People are in a panic; schools, roads, cities are closed and everybody has to sit in their home in their house with the family. So this is a very critical time. Ayurveda Charaka Samhita there is a chapter called "Janapada Dvamsa Vyadhi", which means world-wide epidemics.

According to ayurveda prevention is better than cure disease, if as long as we keep our *agni* (Digestive fire) strong, then illness will not happen to us, strong *agni* (Digestive fire) is a great way of prevention & also we can prevent being affected from coronavirus.

In this pandemic condition people want strong *agni* (Digestive fire), prevention affected from COVID-19 & *Ayurveda* recommends, *Dinacharya*, *Rhutucharya*, *Yoga*, and preventive medicine.

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